2.5 M atahay qof dhalinyara ah oo doonaya xal degaan?

Kaalmadee u baahan tahay si aad si madaxbanaan ugu noolaato guri?

Waa laga yaabaa inaad xaq u yeellato kaalmada guriga sida **Daryeelka Shakhsiyeed, Ku Daryeelida Guriga iyo Daryeelka Nasniinta**. La xiriir golahaaga si aad u ogaato inaad xaq u leedahay adeega weydiina inaad la hadasho Kooxda Qiimaynta ku Daryeelida Bulshada dhexdeeda iyo guriga.

Waxaad laga yaabaa inaad doonayso inaad akhrido macluumaadka xaashida kitkan 4.7 'sidaan ku hello golahayga' iyo macluumaadka xaashida 2.3 'xalalka Nasniinta oo aad heli karto haddii aad jirto 16-21 sano'.

Kooxda Intake and Response ee Wasaarada Adeega Aadamiga ayaa kaala hadli karta barnaamijyada kaalmada laguu keenayo. Waxaadna kala xiriiri kartaa tel: 1800 783 783.

Waa maxay xalalka mudada dheer ee degaanka?

Haddii aad raadinayso deegaan mudda dheer ah Wasaarada Adeega Aadamiga waxaa laga yaabaa inay ku caawinto iyada oo kuu soo marinaysa Disability Support Register (DSR). Diiwaangashanaantu waa hab lagu diiwaangeliyo baahida kaalmada hadda ah oo socota. La xiriir Kooxda **Intake and Response** ee **Wasaarada Adeega Aadamiga** wac 1800 783 783 wixii macluumaada ee intaas ka badan.

Xafiiska Gurisiinta ayaa haya deegaano meela badan ah – wac xafiiska kuugu dhow (liiska hoose) si aad u ogaato xaq u yeelashada iyo liiska sugitaanka. Hadaad rabtay macluumaad intaas ka badan oo ku saabsan xalalka Gurisiinta Wac **Housing Resource & Support Service (HR&SS) tel 9340 5100**

Support Housing Limited (SHL) ayaa siin kara caawimo dadka guuraya kharajka guurida. Nambarka lagala xiriirayo SHL waa SHL is 9859 8833.

Ma dareentaa in aad u baahan tahay in qof kuu hadlo ama ku siiyo u hadlid?

Waxaa jira hay'ado dadka u hadla kuwaas oo ku caawimi kara haddii loo baahdana 'kuu hadli kara. Waxaana ku jira:

Action for More Independence & Dignity in Accommodation (AMIDA) 9650 2722

Action for Community Living
9489 2999

Action on Disability within Ethnic Communities (ADEC) 9480 1666

Kuwa aan ku hadlin Ingiriiska amah al waalid oo ka yimid wadan aan Ingiriiska lagaga hadlin.
Disability Justice Advocacy -
9416 3488

Victorian Advocacy League for Individuals with a Disability (VALID) - 9416 4003 (Iinta garaadka)

Xafiiska Gurisiinta nambarka lagala xiriiro Xaafadaha Waqooyiga iyo Galbeedka waa:

Ascot Vale	9371 6200	Footscray	9275 7516
Broadmeadows	9309 1255	North Melbourne	9326 6377
Carlton	9341 8200	Preston	9479 0122
Collingwood	9417 5144	Richmond	9429 5174
Fitzroy	9417 7322	Sunshine	9312 5022
		Glenroy Housing Service	9300 2977
Youth Disability Advocacy Service	**9267 3755**	**North East Housing Service**	9479 0700
www.ydas.org	**133677 TTY**	**Supported Housing Limited**	9859 8833
		Merri Outreach Support Services	9359 5493

Waxaa badanaa jira liisto dheer oo gurisiinta, si kastaba ha noqotee, waa muhiim in la hello liistooyinkaan marka fursaduhu dhacaan.